



Kimberley Stolen Generation
Aboriginal Corporation

Whadna!



September 2023

Whadna you mob! The year of 2023 has been speeding past us like nothing. See what's been happening in September. Check out our facebook for daily updates.



We acknowledge Aboriginal people as the Traditional Custodians of this land and its waters.

We pay respect to Elders both past and present of the Aboriginal Nations of Australia and extend that respect to all Aboriginal people who may read this message.



A conversation could change a life.

R U OK?



1. Ask



2. Listen



**3. Encourage
action**



4. Check in



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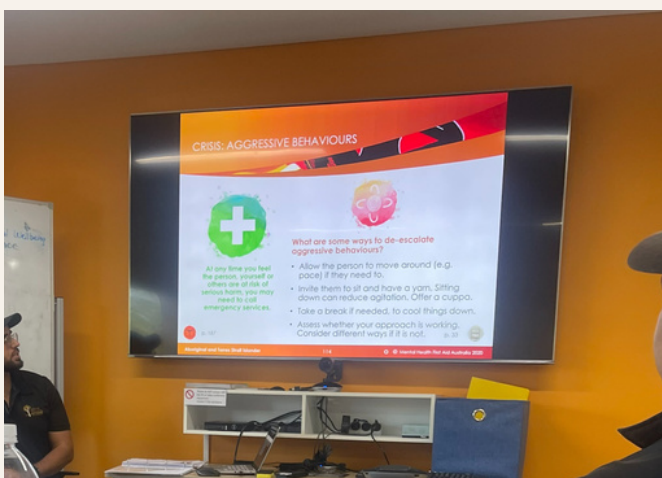
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Mental Health

Mental Health is responsible for 10% of the health gap between Aboriginal and Torres Strait Islander people and non-indigenous Australians. A long history of trauma, grief, loss and cultural disconnection means mental health issues can be complex. This requires culturally appropriate support that recognises the connection between physical health, mental health, spiritual needs and social and emotional wellbeing.



Under the invitation of KAMS, Link Up Team Leader: Pauline, Special Projects Officer: Cylia and Admin Assistant: Stana were lucky enough to participate in the Aboriginal Mental Health First Aid Course! Thoroughly enjoyed and learnt so much with Jarred from National Well-being and of course with the expertise of Jasmine Phillips.

This course teaches us how to identify the signs and symptoms of mental health problems, where and how to get help and what sort of help has been shown by research to be effective.



Save a copy of these helplines for your mob at home:

- **Headspace:**
9943 8111
- **Poisons Information Centre:**
13 11 26
- **Alcohol and Drug Support Line:** 1800 198 024
- **Parent and Family Drug Support:** 1800 653 203
- **13YARN:** 13 92 76
- **1800 Respect** (Sexual Assault, domestic family violence):
1800 737 732
- **Here For You:**
1800 437 348
- **Rural Link**
(afterhours mental health):
1800 552 002
- **Lifeline:**
13 11 14
- **Suicide Call Back Service:**
1300 659 467
- **Beyond Blue:**
1300 224 636
- **Beyond Blue Youth:**
1300 224 636
- **Domestic Violence/Sexual Assault/Abuse:**
1800 017 303
- **Kids Helpline:**
1800 551 800
- **Kids Helpline (Parents):**
1800 654 432

In any Emergency dial

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Information Stall

During September we tried to capture the busy shoppers as they stampeded through Boulevard and Paspaley.

At our information stalls it gives us the opportunity to share our services to the multitude who still are in great need of support. It is never an easy step to reach out, there for KSGAC will come to you with our free services

From reuniting families after decades of hurt and to Re addressing past trauma and compensating on Institutionalised abuse.

We also offer counselling and support for our elders to come together fortnightly with things like Healing Arts Women's Well-Being Group and Men's Yarn Up sessions.

We have some pretty deadly merchandise available too, check out website for the variety.





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Shark Cage

As we look back, this program was created for us to find the sharks out there in the world, and how sometimes it is impossible to avoid them. Shark cage was designed to strengthen our cage of Human Rights so we can recognise the sharks before they become a part of our lives. We aimed to strengthen our Shark Cage and make sure it has a good alarm system!

We envisioned the outcome of this program helped to recognise a “respectful dolphin” and identify the characteristics of healthy relationships.

The Shark Cage® Framework

The 5-step framework is a way of preventing and understanding violence against girls and women. It draws on a powerful metaphor and multiple psychological modalities for working in trauma informed ways to empower girls and women.

Step 1: Introducing the Shark Cage Metaphor

Step 2: Renovating the Shark Cage

Step 3: Fixing the Shark Cage Alarm

Step 4: Defending the Shark Cage

Step 5: Recognizing Sharks and Dolphins

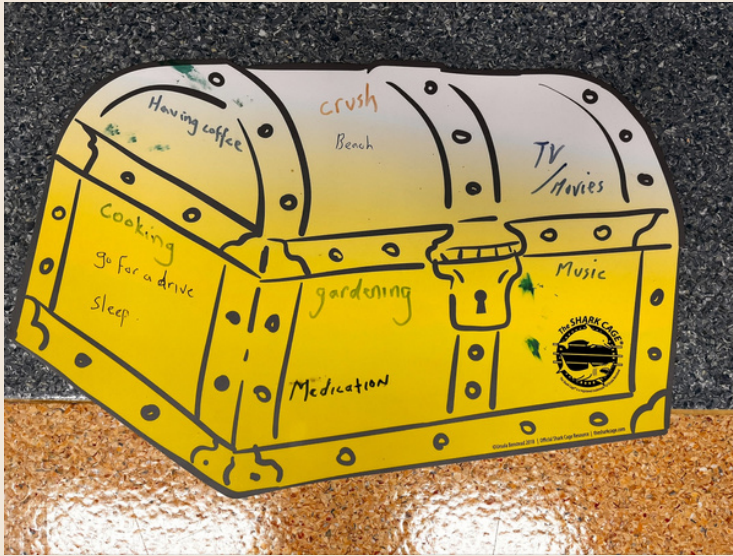




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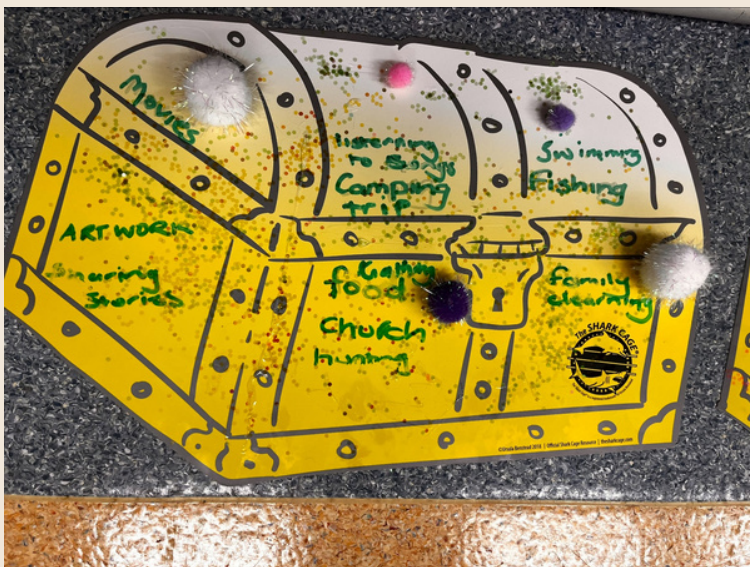
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Self-care
Assertively:
BOTH your rights
& the other person's
are protected.

Selfish
Aggressively:
Your rights are
protected BUT
not the other person's.

Selfless
Passively:
The other person's
rights are protected
BUT not yours.





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Services

Link Up

The KSGAC Link Up Service is about reuniting the Stolen generation with lost family and/or country. KSGAC Caseworkers work with clients on a one-to-one basis to assist in looking for lost family and, if successful arrange a funded reunion.

Link-Up services gives priority to first generation clients, especially elderly clients and those requiring urgent assistance due to health concerns.

National Redress Scheme

The National Redress Scheme is in response to the Royal Commission into Institutional Responses to Child Sexual Abuse. Applications can be made any time before 30 June 2027

KSGAC helps people with confidential applications for redress and can also provide counselling support.

Counselling Support for the Disability Royal Commission

The disability royal commission looks at ways to prevent people with disability from experiencing violence, abuse, neglect and exploitation.

KSGAC counsellors can help people with disability, their families and support people in their lives to talk about the issues they have faced in the past or now in the present.

Territories Redress Scheme

The territories Stolen Generations Redress Scheme provides support to Stolen Generations survivors who were removed from their families or communities in the:

- Northern Territory, before 1 July 1978 or
- Australian Capital Territory, before 11 May 1989 or
- Jervis Bay Territory

Fortnightly we support

Men's Group

Healing Arts

Women's Well-Being Group



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Position Vacancies

The purpose of the Link Up Service is to assist Aboriginal and Torres Strait Islander people, who have been affected by the past policies and practices of forced removal, to locate and reunite with their families.

We are looking for energetic individuals to join our Link Up Team. These rewarding roles include researching family history, arranging for family-gravesite and/or back to country reunions, as well as providing support to Stolen Generation members and KSGAC clients. You will enjoy travelling throughout the Kimberley region and, at time, to other States/Territories. These positions can be Broome or Kununurra based.

Link Up Caseworker

Caseworkers provide community information, education and awareness to Aboriginal and Torres Strait Islander and Non-Indigenous people about the effects of past governments' practices of forced removal of children from their families. Part of this role is to provide information about the services available from the Bringing Them Home Report and Link Up counsellors, and related services such as family training organisations.

Link Up Counsellor

Link Up counsellors provide a range of counselling services to clients at all stages of the tracing and reunion process, as required. Counsellors will work as part of a team in the Link Up Service to provide counselling and education for clients who are engaged in tracing their families and/or planning a reunion.

Should you require any further information regarding the position please contact Catherine on 0499 006 741 or email ea@ksgac.com.au

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Contact Details

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